



2008  
CHRISTMAS CLASSIC  
STANARDSVILLE, VA  
December 13

<b>Name</b>	<b>Weight Class</b>	<b>Division</b>	<b>Bench Press</b>
Mason Deffenbaugh	181	20-24	255
Larry Dyles	181	25-29	350
Mark Moyer	181	40-44	285
Jerome Penn	181	45-49	300
Dwain Koser	198	Open 40-44	350
John Ferrell	198	45-49	310
Bob Dahlhamer	198	70-74	245
Brian Lapole	220	Open	470
Bryan Shifflett	220	20-24	370
Mark Robb	220	45-49	360
Joe Galloway	242	20-24	330
Jason Nitterhouse	242	35-39	295
Carl Lyons	275	40-44	325
Joel Anderson	308	30-34	455

Gary Emrich	308	Open	355
Avery Crenshaw	Super	35-39	375
Jamie Woytasik	Super	Open 30-34	360
			<b>DEADLIFT</b>
Mason Deffenbaugh	181	20-24	415
Larry Dyles	181	25-29	500
Jerome Penn	181	45-49	470
Mark Robb	220	45-49	520
Carroll Clarke	220	50-54	485
Doug Morris	220	50-54	410
Brian Lapole	220	Open	550
Joe Galloway	242	20-24	585
Jason Nitterhouse	242	35-39	475
Carl Lyons	275	40-44	500
Gary Emrich	308	Open	630
			<b>STRICT CURL</b>
Mason Deffenbaugh	181	20-24	125
Douglas McKee	181	35-39	105
Jerome Penn	181	45-49	110
Dwain Koser	198	Open 40-44	125
Bob Dahlhamer	198	70-74	120
Mark Robb	220	45-49	160
Joe Galloway	242	20-24	100

