



MID ATLANTIC OPEN JULY 19, 2008 STANARDSVILLE, VA

Lifter	Division	Wt. Class	Squat	Bench	Deadlift	Total
ERIKA TRUBIC	65-69	123	150	75	180	405
COZETTA PENN	RAW 45-49	148	115	130	245	470
TRICIA EMRICH	RAW OPEN	181	240	110	225	575
JOSH SINE	College	132	375	240	385	1000
JESSE VANCE	14-15	148	220	130	280	630
JEFF PRESKAR	RAW OPEN	181	365	265	460	1090
JEROME PENN	RAW 40-44	181	310	300	450	1060
RICHARD POLAND	RAW 16-17	198	230	205	325	760
Colin EK *	18-19	198	350	315	475	1140
MATT GRIZZARD	RAW 40-44	198	285	205	375	945
JIM HARMAN	55-59	198	275	275	430	980
JARED SINE	16-17	220	270	205	315	790
JOSH BLAKE	RAW 16-17	220	325	200	400	925
WILL SLADE	RAW 40-44	220	490	330	480	1300
GREG STANG	45-49	220	480	420	460	1360
DERANDA MASON	OPEN	242	650	500	600	1750
ADAM HARMAN	OPEN	242	500	385	465	1350

WILLIAM SHIRLEY	OPEN	242	450	315	480	1245
MICHAEL BAUGHAM	RAW OPEN	242	435	320	545	1300
STEVIE MURDEN	20-23	242	500	390	510	1400
DOUG BENEDICT	RAW 45-49	242	425	325	460	1210
JESSE SHECKLER	55-59	242	430	340	435	1205
JERVIS PENN	RAW 45-49	UNL	350	370	525	1245
Lifter	Division	Wt. Class		Bench	Deadlift	Total
IRONMAN						
COZETTA PENN	RAW 45-49	148		130	245	375
JEROME PENN	RAW 40-44	181		300	450	750
JERVIS PENN	RAW 45-49	UNL		370	525	895
BENCH PRESS				Bench		
ROB MAGGI	OPEN	181		350		
JEROME PENN	RAW 40-44	181		300		
JUSTIN HUGH	RAW 14-15	220		175		
WES MCGLOTHLIN	RAW O 40-44	275		410		
JAMIE WOYTASIK	RAW OPEN	UNL		405		
JERVIS PENN	RAW 45-49	UNL		370		