



## 2009 VIRGINIA OPEN

Stanardsville, VA

2-28-09

Lifter	Division	Wt. Class	Squat	Bench	Deadlift	Total
Patricia Azlin	Raw Open 55-59	105				
Erika Trubic	65-59	123				
Amanda Galliday	Raw 16-17	132				
Kelly Haskins	Raw 14-15	165				
Lynne Nelson	50-54	165				
Gary Sharif	College	132				
Jeff Hafhemeyer	College	148				
Josh Gerardo	College	148				
Ray Kirchner	College	165				
James Clayton	College	165				
Caleb Gibson	Raw College	165				
Matt Jones	Raw 45-49	165				
Christian Kozub	Raw 45-49	165				
Martin Clarke	40-44	165				
Larry Dyles	Raw Open	165				
John McGlynn	Raw 18-19	181				
Josh Bookwalter	College	181				

Jarrett Bennett	College	181				
Noah Gibson	College	181				
Jay Katzman	70-74	181				
Zac Hill	Raw Youth	198				
Richard Poland	Raw 16-17	198				
Wes Foster	Raw 20-23	198				
Aaron Baez	Raw College	198				
Nicholas Harrelson	College	198				
Matthew Radi	College	198				
Treacy Miles	College	198				
Adam Bigbee	Open	198				
James Townsend	Raw Open	198				
Vadim Snitkorsky	Raw Open	198				
Justin Davis	Raw Open	198				
James Downs	45-49	198				
Bill Lindsey	Raw 60-64	198				
Ben Ashooh	College	220				
John Mays	Open	220				
Jarrett Ferguson	Raw Open	220				
TimHenriques	Raw Open	220				
Deranda Mason	Raw Open	242				
Mike Williams	Raw Open	242				
Eric Neil	Raw Open	242				
Carl Amstone	Raw Open	242				

					<b>Iron</b>	<b>Man</b>
Briana Allard	College	148				
Damon Etheridge	Raw Open	181				
Nairanjan Singh	60-64	181				
TimHenriques	Raw Open	220				
Mike Jones	Open	198				
John Ott	Raw 50-54	242				
					<b>Bench</b>	<b>Press</b>
Mike Jones	Open	198				
Monte Sparkman	Raw Open	Supers				
Bill Gillespie	Open 45-49	Supers				
Mike Godsil	Open	Supers				
					<b>Dead</b>	<b>Lift</b>
Robert Mackey	Raw 20-23	132				
Mike Jones	Open	198				
John Mays	Open	220				