



## VA Records Raw Female Powerlifting

### 105 LB FEMALE

Class	Squat	Bench	Deadlift	Total
45-49	K. Poyner – 159 lbs	K. Poyner – 126 lbs.	K. Ryman – 264 lbs.	K. Poyner – 545 lbs
5054	K. Poyner – 159 lbs	K. Poyner – 121 lbs	K. Poyner – 264 lbs	K. Poyner – 545 lbs

### 114 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	K. Doucette – 198 lbs.	K. Doucette – 115 lbs	K. Doucette – 253 lbs	K. Doucette – 567 lbs

### 123 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	P Azlin 185	M. Morgan - 100 lbs	A. Corney - 254 lbs	A. Corney - 568 lbs
55-59	P Azlin 185	P Azlin 100	P Azlin 225	P Azlin 510
65-69	E. Trubic - 150 lbs	E. Trubic - 75 lbs	E. Trubic - 180 lbs	E. Trubic - 405 lbs

### 132 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	E. Rupp - 182 lbs	E. Rupp - 110 lbs	S. Boyce-253 lbs	E. Rupp - 529 lbs
55-59	M.Brewer-185 lbs	M.Brewer-120 lbs	M.Brewer-230 lbs	M.Brewer-585 lbs

### 148 LB FEMALE

Class	Squat	Bench	Deadlift	Total
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<b>Open</b>	R Corallo – 242 lbs	J Gonzales - 160 lbs	J Gonzales - 325 lbs	J Gonzales - 710 lbs
<b>40-44</b>	G.Updyke-182 lbs	G.Updyke-105 lbs	G.Updyke-280 lbs	G.Updyke-555 lbs
<b>45-49</b>	C. Penn-121 lbs	C. Penn-132 lbs	C. Penn-245 lbs	C. Penn-470 lbs

### **165 LB FEMALE**

<b>Class</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>
<b>OPEN</b>	C Williams – 325lbs	C Williams – 175 lbs	C Williams – 350 lbs	C Williams – 850 lbs

### **181 LB FEMALE**

<b>Class</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>
<b>OPEN</b>	T. Emrich - 235 lbs	T. Emrich - 115 lbs	T. Emrich - 245 lbs	T. Emrich - 585 lbs

### **198 LB PLUS FEMALE**

<b>Class</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>
<b>OPEN</b>	M. Evans - 314 lbs	M. Evans - 198 lbs	M. Evans - 325 lbs	M. Evans - 837 lbs

Revised 07/12/09