



VA Records Raw Female Powerlifting

105 LB FEMALE

Class	Squat	Bench	Deadlift	Total
45-49	K. Poyner – 159 lbs	K. Poyner – 126 lbs.	K. Ryman – 264 lbs.	K. Poyner – 545 bs
50-54	K. Poyner – 187.2	K. Poyner – 126.7	K. Poyner – 270	K. Poyner – 584

114 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	K. Doucette – 198 lbs.	K. Doucette – 115 lbs	K. Doucette – 253 lbs	K. Doucette – 567 lbs

123 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	P Azlin 185	M. Morgan - 100 lbs	A. Corney - 254 lbs	A. Corney - 568 lbs
55-59	P Azlin 185	P Azlin 100	P Azlin 225	P Azlin 510
65-69	E. Trubic - 150 lbs	E. Trubic - 75 lbs	E. Trubic - 180 lbs	E. Trubic - 405 lbs

132 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	E. Rupp - 182 lbs	J.Gutierrez- 155 lbs	S. Boyce-253 lbs	E. Rupp - 529 lbs
55-59	M.Brewer-185 lbs	M.Brewer-120 lbs	M.Brewer-230 lbs	M.Brewer-585 lbs

148 LB FEMALE

Class	Squat	Bench	Deadlift	Total
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Open	R Corallo – 242 lbs	J Gonzales - 160 lbs	J Gonzales - 325 lbs	J Gonzales - 710 lbs
40-44	G.Updyke-182 lbs	G.Updyke-105 lbs	G.Updyke-280 lbs	G.Updyke-555 lbs
45-49	C. Penn-121 lbs	C. Penn-132 lbs	C. Penn-245 lbs	C. Penn-470 lbs

165 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	C Williams – 325lbs	C Williams – 175 lbs	C Williams – 350 lbs	C Williams – 850 lbs

181 LB FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	T. Emrich - 235 lbs	T. Emrich - 115 lbs	T. Emrich - 245 lbs	T. Emrich - 585 lbs

198 LB PLUS FEMALE

Class	Squat	Bench	Deadlift	Total
OPEN	M. Evans - 314 lbs	M. Evans - 198 lbs	M. Evans - 325 lbs	M. Evans - 837 lbs

Revised 5-20-10